



Elena Osto (MD, PhD, FESC) is a physician scientist, head of the research group on Cardio-metabolic disease at the Institute of Clinical Chemistry (University and University Hospital of Zurich), affiliated with the Laboratory of Nutritional Research (ETH Zurich) and senior lecturer in the field of Cardiology at the University of Zurich.

Her research focuses on the pathophysiology of vascular dysfunction and atherosclerosis in dysmetabolic conditions such as obesity and type 2 diabetes mellitus. Her research projects explore the multi-organ crosstalk in cardio-metabolic disease, combining a multidisciplinary approach with a strong translational aspect.

Dr. Osto has earned merits and awards in the field of cardio-metabolic disease. Among them, she was awarded the Cardiovascular Biology Prize of the Swiss Society of Cardiology in 2009 and 2015; the Swiss Lipid Research Award (Swiss Atherosclerosis Association) in 2016; the Research Award of the Union of Vascular Societies of Switzerland and the Scholar of the Italian Society of Cardiology in 2018. In May 2018 the University of Zurich awarded Elena Osto the Venia legendi as senior lecturer in the field of Cardiology.

She is currently Secretary and Nucleus Member of the Working Group: Atherosclerosis and Vascular Biology (WG-AVB). <https://www.escardio.org/Working-groups/Working-Group-on-Atherosclerosis-and-Vascular-biology/About>

Nucleus Member of the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology (EAPC) 2020-22.

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